

Crabtree Farm Primary School

PE Intent, Implementation and Impact

At Crabtree Farm, we provide an exciting and varied PE curriculum designed to give our children the knowledge, behaviours and skills to lead an active, healthy lifestyle.

Intent

We teach our children the skills and knowledge required to meet the aims of the National Curriculum in Physical Education (PE). We believe that our children should:

- enjoy participating in a wide range of PE lessons,
- plan, perform and evaluate actions, ideas and performances to improve their quality and effectiveness,
- learn new skills that can be applied to everyday life (to include team work, communication and organisation),
- understand the importance of competition against either themselves or each other,
- encourage one another to discover and develop skills, abilities and preferences,
- make choices about how to get involved in lifelong physical activity and understand the benefits of participating in physical activity and being active,
- swim confidently and know how to perform basic survival skills in water.

Implementation

- Every year group in school is allocated two sessions of PE each week. The time is split into two blocks of at least 45 minutes. Our teachers are aware of the needs of the learners in their classes and are able to differentiate activities, whilst ensuring an appropriate level of challenge is set. The PE curriculum at Crabtree Farm ensures that our children are progressing in their physical development.
- All of the children are taught by both their class teacher and the sports coach who plan and deliver REAL PE throughout the academic year. Additionally, the children are also taught dance (one half term) and gym (one half term), again using the REAL PE scheme. The REAL PE scheme is used as a teaching tool to ensure that children make progress and are taught the appropriate knowledge, skills and understanding required in each year group.
- In KS2, children are taught the relevant skills through a range of strands for example, invasion games, striking and fielding, net and wall games and outdoor adventure, in addition to their REAL PE lessons.
- At times, we employ external sports coaches to teach specialist areas of the curriculum, their aim is to provide exciting opportunities for the children as well as developing our staff's subject knowledge.
- A range of sporting competitions, experiences and clubs are planned for throughout the academic year to engage and inspire our children and apply the taught skills in another environment, as well as to understand the importance of healthy competition. The competitions we enter cater for all abilities including those with SEND and low participation rates, as well as our highest ability performers.
- All KS2 children will be taught how to swim by receiving two lessons per week for half a term.
- All children in KS2 regularly complete the 'Crabtree mile' to promote healthy lifestyles and wellbeing.
- The use of the Sports Premium funding is strategically planned for, so that all of our children benefit and it has a positive impact across the whole school.

Impact

Our children will leave Crabtree Farm having a positive and engaged attitude towards PE/physical activity and sport both in and out of school. They will understand the benefits of exercise on both physical and mental health and will have improved fitness levels. Our children will have developed flexibility, strength, technique, control, agility, co-ordination and balance. Additionally, they will have mastered basic movements including; running, jumping, throwing and catching, and be able to apply these to a range of sports. Their self-esteem will have increased through representing the school in competitions and festivals involving other schools. The children will leave year 6, able to swim 25 metres and able to demonstrate safe self-rescue.